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UNITED ARAB EMIRATES
MINISTRY OF CLIMATE CHANGE
& ENVIRONMENT

The Wellness Journey with TCAM Systems for **GUT HEALTH**



**3rd International Traditional, Complementary
and Alternative Medicine Conference and Expo**

**15th - 17th December 2020
Dubai Convention & Exhibition Centre**

www.tcamarabia.com

CONFERENCE BROCHURE

The aim of TCAM conference is to provide a platform for promoting the role of Traditional, Complementary and Alternative Medicine systems in a pluralistic healthcare system, focusing on its contemporary relevance in the MENA region in general and the UAE in particular. The Conference also aims to play a more vigorous and potent role in the health and wellness of individuals.

The main objectives of the conference are:

- To build a platform that will bridge the gap between the different systems so that a more integrative approach is made possible for the medical practitioners which will result in better patient outcomes, improvement in the healing processes and enhancement of quality of life of individuals.
- To partake in the vision of Dubai Health Strategy 2021 to “Promote high quality comprehensive and integrated health service system”
- To serve as a forum for exchanging knowledge on the various approaches adopted by the TCAM systems in diagnosis, treatment, and management of ailments.
- To popularize the vibrant TCAM healthcare in the UAE.
- To promote the local health culture of the Arab World, especially the UAE and Explore the possibilities of Medical Tourism
- To promote evidence - based peer-reviewed research in the TCAM sector
- To encourage individuals to adopt safe and effective natural health maintenance practices for wellness and healing.

Chief Guest



H E Dr. Amin Hussain Al Amiri

Asst. Undersecretary for Public Health Policy and Licensing,
Ministry of Health and Prevention (MOHAP)
UAE

Speakers

Gut - The Seat of All Diseases - The Ayurvedic Perspective



Dr. K Abdul Latheef

Chief Physician,
Ayurvedic Herbal Health Centre,
Sharjah, UAE

Cupping Therapy (Hijama) and Medical Role in Human Body



Dr. Haiman El-Nahal

General Manager & Specialist in Complementary
Medicine and Cupping Therapy , Sharjah International
Holistic Health Centre & Platinum
Medical Centre, Sharjah, UAE

Gut Health : Diagnostic Possibilities in the Medical
Laboratory - An Overview



Dr. Michaela Jaksch

Managing and Medical Director
Freiburg Medical Laboratory
Middle East LLC, Dubai, UAE

Brain-Gut Connection - The Role of Gut Microbiome
on Sleep and Circadian Rhythms



Dr. Meera Gopi Kurian

Director and Internal Medicine Physician,
Dr. Sunny Medical Centre,
Sharjah, UAE

Homeopathy For Gut Health & Beyond - An Overview



Dr. Sinsen Joseph

Medical Director
Lakeshore Medical Centre,
Dubai, UAE

Scope of Homeopathy in Inflammatory Bowel Disease



Dr. Shajahan Abdul Rehiman

Managing Director and Homeopathic
Consultant
Fatima Medical Centre,
Al Ain, UAE

Improving and Restoring Gut Health - Unani Perspective



Dr. Benazir Quraishi

Medical Director,
Unani Medicine Practitioner
Cleopatra Spa & Wellness, Wafi,
Dubai, UAE

Maintaining Gut Health Under COVID-19 Pandemic Through
Traditional Chinese Medicine



Dr. Yongjie Lu

Traditional Chinese Medicine
Practitioner & Acupuncturist,
Top Medical Centre,
Dubai, UAE

Understanding the Estrobolome - The Connection
Between Gut Health and Estrogen Metabolism



Dr. Zain Ladha

Naturopathic Physician
The Chiron Clinic,
Dubai UAE

Popular Talk

Nature of Gut and its Deeper Understanding
for True Wellbeing



Mathura Bihari Das

Life coach, motivational speaker,
Traditional Indian Yogic Medicine
Founder, Sevarth Foundation
Uttar Pradesh, India

Event Schedule

Ayurveda	Gut - The Seat of All Diseases - The Ayurvedic Perspective	Dr. K Abdul Latheef	Medical Director	Ayurvedic Herbal Health Centre	Sharjah	UAE
Homeopathy	Homeopathy For Gut Health & Beyond - An Overview	Dr. Sinsen Joseph	Medical Director & Specialist Homeopathic Medicine	Lakeshore Medical Centre	Dubai	UAE
Traditional Chinese medicine	Maintaining Gut Health Under COVID-19 Pandemic Through Traditional Chinese Medicine	Dr. Lu Yongjie	Traditional Chinese Medicine Practitioner and Acupuncturist	Top Medical Centre	Dubai	UAE
Lab / Diagnostics	Gut Health : Diagnostic Possibilities in the Medical Laboratory - An Overview	Dr. Michaela Jaksch	Managing and Medical Director	Freiburg Medical Laboratory ME LLC	Dubai	UAE
Homeopathy	Scope of Homeopathy in Inflammatory Bowel Disease	Dr. Shajahan Abdul Rehiman	Managing Director and Homeopathic Consultant	Fatima Medical Centre	Al Ain	UAE
Internal Medicine	Brain-Gut Connection - The Role of Gut Microbiome on Sleep and Circadian Rhythms	Dr. Meera Gopi Kurian	Director and Internal Medicine Physician	Dr. Sunny Medical Centre	Sharjah	UAE
Hijama	Cupping Therapy (Hijama) and Medical Rule in Human Body	Dr. Haiman El-Nahal	General Manager & Specialist in Complementary Medicine and Cupping Therapy	Sharjah International Holistic Health Centre & Platinum Medical Centre, Sharjah	Sharjah	UAE
Naturopathy and Anthroposophical Science	Understanding the Estrobolome - The Connection Between Gut Health and Estrogen Metabolism	Dr. Zain Ladha	Naturopathic Physician	The Chiron Clinic	Dubai	UAE
Unani Medicine	Improving Gut Health - Unani Perspective	Dr. Benazir Quraishi	Medical Director, Unani medicine Practitioner	Cleopatra Spa & Wellness, Wafi, Dubai	Dubai	UAE
Yoga and Wellness	Nature of Gut and its Deeper Understanding for True Wellbeing	Madhura Bihari Das	Life coach, motivational speaker, Traditional Indian Yogic Medicine	Founder, Sevarth Foundation	Uttar Pradesh India	India

Highlights:

The 1-day conference will be accredited with CME credit hours and participating professionals will be provided with a certificate at the end of the program.

1 day conference

10 plus lectures

Q & A Sessions

Panel Discussions

Free Papers

Abstracts

Testimonials

Popular Talk

Interactive exhibition

Optimum networking

Latest innovations

Audience Profile

Traditional Medical Systems Practitioners (Ayurveda, Chinese Traditional Medicine, Acupuncture, Siddha Medicine, Unani, African Medicine etc.)

Complimentary & Alternative Systems Practitioners (Homeopathy, Naturopathy, Chiropractic, Yoga, Osteopathic Medicine, Tai Chi, Pilates, Aromatherapy, Plantrition)

Modern Medicine or Mainstream Practitioners interested in TCAM approach to healing

Integrative Medicine Practitioners

Dieticians

Holistic and Wellness Practitioners

Plantricians

Academics and Researchers

Wellness Consultants

Researchers and Administrators of Holistic and Wellness Centers

Caregivers, Therapists and Technicians in TCAM sector

Medical Students and Residents

Innovators and Regulators

Topics

Gut Health Indicators - The Role and Scope of Diagnostics

Gut - Immunity, maintenance and wellness

Diseases of the Gastro Intestinal System and Remediation

Importance and Improvement of Gut Health - Case Studies and Testimonials

TCAM Conference 2019



Book a Stand



Conference Registrations and Sponsorships



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Global Links
Exhibition Organizers &
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www.tcamarabia.com

REGISTRATION FORM

CME ACCREDITED

→ Conference **9 AM to 5 PM - 15th Tuesday**

Scientific Presentations | Industry Sessions | Poster Presentations | Panel Discussions

How to Register?

Online www.tcamexpo.com >> Register >> Pay Online >>



Manual Fill up registration form >> Pay Cash (Collection Centre: Global Links Exhibitions Office)

Office 211, Bayswater Tower, Business Bay P.O. Box - 128 995, Dubai, United Arab Emirates

Registration Open

REGISTRATION FEES	AED
Standard	200
Institutions/Associations (Group Bookings)	150
Student	100

**Zero Refunds Policy: Once paid, registration fees for the TCAM Expo & Conference are non-refundable.*

Registration Form

Name: Specialty:
 Designation: Country:
 Emirate: Email:
 Address: Mobile Number:

Organized by



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