

Under the patronage of



UNITED ARAB EMIRATES  
MINISTRY OF CLIMATE CHANGE  
& ENVIRONMENT

# **The Wellness Journey with TCAM Systems for BETTER HEALTH**



**4th International Traditional, Complementary  
and Alternative Medicine Conference and Expo**

**6th - 8th December, 2021  
Dubai World Trade Centre**

[www.tcamarabia.com](http://www.tcamarabia.com)

**C O N F E R E N C E   B R O C H U R E**

**The aim of TCAM conference is to provide a platform for promoting the role of Traditional, Complementary and Alternative Medicine systems in a pluralistic healthcare system, focusing on its contemporary relevance in the MENA region in general and the UAE in particular. The conference also aims to play a more vigorous and potent role in the health and wellness of individuals.**

**The main objectives of the conference are:**

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- To build a platform that will bridge the gap between the different systems so that a more integrative approach is made possible for the medical practitioners which will result in better patient outcomes, improvement in the healing processes and enhancement of quality of life of individuals.
- To partake in the vision of Dubai Health Strategy 2021 to "Promote high quality comprehensive and integrated health service system"
- To serve as a forum for exchanging knowledge on the various approaches adopted by the TCAM systems in diagnosis, treatment, and management of ailments.
- To popularize the vibrant TCAM healthcare in the UAE.
- To promote the local health culture of the arab world, especially the UAE and explore the possibilities of medical tourism
- To promote evidence - based peer-reviewed research in the TCAM sector
- To encourage individuals to adopt safe and effective natural health maintenance practices for wellness and healing.

## Highlights:

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The 1-day conference will be accredited with CME credit hours and participating professionals will be provided with a certificate at the end of the program.

**1** day conference

**10 plus** lectures

**Q & A** Sessions

**Panel** Discussions

**Free** Papers

**Abstracts**

**Testimonials**

**Popular** Talk

**Interactive** exhibition

**Optimum** networking

**Latest** innovations

## Audience Profile

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Traditional Medical Systems Practitioners (Ayurveda, Chinese Traditional Medicine, Acupuncture, Siddha Medicine, Unani, African Medicine etc.)

Complimentary & Alternative Systems Practitioners (Homeopathy, Naturopathy, Chiropractice, Yoga, Osteopathic Medicine, Tai Chi, Pilates, Aromatherapy, Plantrition )

Modern Medicine or Mainstream Practitioners interested in TCAM approach to healing

Integrative Medicine Practitioners

Dieticians

Holistic and Wellness Practitioners

Plantricians

Academics and Researchers

Wellness Consultants

Researchers and Administrators of Holistic and Wellness Centers

Caregivers, Therapists and Technicians in TCAM sector

Medical Students and Residents

Innovators and Regulators

# Scientific Committee Conference

6th December



## Dr. V.L. Shyam

**Medical Director of Dr. Shyam's  
Ayurvedic Centre UAE**

20 years of Ayurveda experience across 19 countries. Has successfully implemented 66 Ayurveda / Wellness projects. He is also the Managing Director of Natura Wellbeing, UAE.



## Dr. Ananth Alphons D'souza

**President, International Homeo Medical  
Association (UAE)**

Senior Consultant & Homeopathy Specialist with 26 years of experience at Unicare Medical Center, Bur Dubai & Medex Nasser Clinic, Al Qusais.



## Dr. Benazir Quraishi

**President, Emirates Unani Doctors  
Association**

Skilled Traditional Complementary and Alternative medicine (TCAM) professional specialized in Unani medicine, Cupping therapy, and Hijama. She is the medical director at Cleopatra's spa and wellness, Wafi.



## Dr. Swetha Sumesh Nair

**President, Emirates Ayurveda  
Graduates Association**

A Passionate Ayurvedic Physician with experience in Ayurvedic treatments and panchakarma therapies. She completed her BAMS from VPSV Ayurveda college Kottakal, 2010.



## Dr. Vaneeta Shahani

Homeopathic Consultant at Al Biraa Clinic in Dubai. Awarded Hakim Ajmal Khan International Excellence Award for Best Homeopathic Physician in Dubai – UAE.

# TCAM Conference Speakers

6th December

## Keynote Speaker



## Homeopathy in the times of epidemics

**Asst. Prof. Dr. Ibrahim Usman Mhaiker, M.D. (Hom.)**

Asst. Prof. Ibrahim Usman Mhaiker is the dean of Faculty of Traditional and Complementary Medicine (UoC). He received his master's degree, Doctor of Medicine in Homeopathy [M.D. (Hom.)] from B. A. Marathwada University, Aurangabad (India) in the year 2003. An expert in the field of homeopathy medicine, he has been working extensively as an academican, homeopathy practitioner and researcher.

# Speakers



## **The 6 Secret Steps to Outsmart Symptoms and Live a High Quality Life**

**Dr. Hanan Selim**

**PharmD, Healthcare Specialist,  
Healology Wellness**

She is an award-winning speaker and author on the most Innovative self-healing healthcare system, the RPH Method.



## **Myofascial Triggerpoint Release - An Adjuvant Therapy in Pain Management**

**Dr. Hridya T Chandran**

**MS, Medical Director, Oasis Care Ayurveda, UAE**

She has an MS in Ayurveda Gynecology and 12 years of clinical experience in practicing Ayurveda.



## **An Approach to Shoulder Pain**

**Dr. Jijo Jose**

**BAMS, MBBS, D'Ortho, DNB (Orth)  
NMC medical center , Sharjah, NMC  
specialty hospital, Dubai**

A Senior Orthopaedic Surgeon with more than 17 years of experience in India and abroad.



## **Homeopathy for a Better Health in Post COVID Era**

**Dr. Sinsen Joseph**

**BHMS, MD(hom), Medical Director, Lakeshore Medical Centre, UAE**

A PhD Scholar in Homeopathy with over 19 years of international clinical experience in Homeopathy.



## **PCOS: A Hidden Epidemic & It's Holistic Management**

**Dr. Tehsin Malik**

**Ayurveda and Womens Heath, Bushra  
Specialist Medical Center Sharjah, UAE**

A Holistic health doctor with an in-depth experience & expertise in managing women's health issues like PCOS, Infertility & Hormonal Health.



## **Enhancing Immune System Through TCM for Better Health**

**Dr. Yongjie Lu**

**Traditional Chinese Medical Practitioner &  
Accupuncturist, Top Medical Centre, UAE**

Promoted Traditional Chinese Medicine in Russia until 2005 and in Dubai since 2008



## **The Use of Hypnotherapy in the Treatment of IBS**

**Dr. Zain Ladha**

**Naturopathic Physician, The Chiron Clinic  
Dubai, UAE**

She is passionate about optimizing health through the prevention and management of chronic disease.



## **A Functional Approach to Infertility**

**Dr. Lanalle Dunn**

**Medical Director, Naturopathic and  
Anthroposophical Physician, UAE**

She specializes in hormonal complaints, child health and development, digestive issues, allergies, spinal health and mental health.



## **Misconceptions about Cupping and Homeopathy - A Practitioners Perspective**

**Dr. Nada Mahmoud Mohammed**

**MD, DHMS, Dentalmax Medical Centre, Dubai**

She is a Medical Director, Homeopathic Consultant and Cupping Therapist at Dentalmax Medical Centre.



# TCAM Conference 2020



## Book a Stand



### Speaker and Delegate Registrations



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### Sponsorship And Stand Booking



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